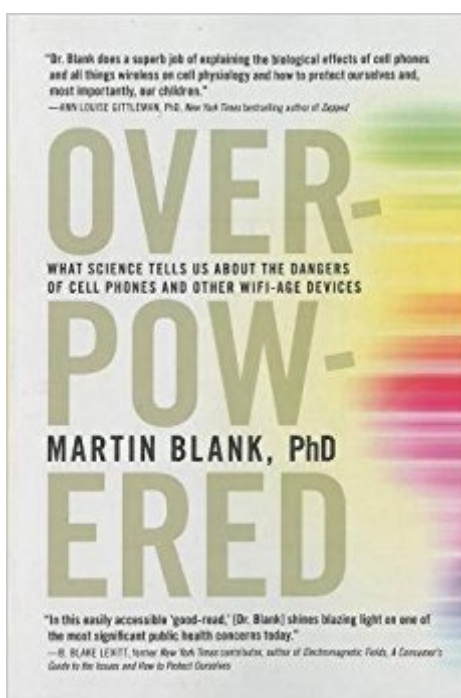


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Overpowered: The Dangers Of Electromagnetic Radiation (EMF) And What You Can Do About It



Synopsis

Keys, wallet, cell phone . . . ready to go! Cell phones have become ubiquitous fixtures of twenty-first-century life—suctioned to our ears and stuck in our pockets. Yet, we’ve all heard whispers that these essential little devices give you brain cancer. Many of us are left wondering, as Maureen Dowd recently asked in the *New York Times*, “Are cells the new cigarettes?” *Overpowered* brings readers, in accessible and fascinating prose, through the science, indicating biological effects resulting from low, non-thermal levels of non-ionizing electromagnetic radiation (levels considered safe by regulatory agencies), coming not only from cell phones, but many other devices we use in our homes and offices every day. Dr. Blank arms us with the information we need to lobby government and industry to keep ourselves and our families safe. *From the Hardcover edition.*

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Customer Reviews

"This book is a must for anyone concerned with protecting their well-being, that of loved ones, and other species. From the personal, the political, and the planetary, you will never see things the same way again." —B. Blake Levitt, former *New York Times* contributor and author of *Electromagnetic Fields, A Consumer's Guide to the Issues and How to Protect Ourselves* "The extremely well documented *Overpowered* reads like an environmental thriller! Dr. Blank does a superb job of explaining the biological effects of cellphones and all things wireless on cell physiology and how to protect ourselves and, most importantly, our children. The sections on

electricity, wildlife, and the 'business' of science all demonstrate the dark side of technology "an inconvenient truth we must consider." Ann Louise Gittleman, Ph.D. "Martin Blank deals with a difficult subject in a scientifically accurate but easily readable fashion. He covers everything from powerlines, to cell phones, to light bulbs, to conflicts of interest, with humor and passion. In this great scientist, we have an unlikely activist and truth teller." David O. Carpenter, M.D., Director, Institute for Health and the Environment, University at Albany From the Hardcover edition.

DR. MARTIN BLANK is an expert on the health-related effects of electromagnetic fields and has been studying the subject for more than thirty years. He earned his first PhD from Columbia University in physical chemistry and his second from the University of Cambridge in colloid science. From 1968 to 2011, he taught as an associate professor at Columbia University, where he now acts as a special lecturer. Dr. Blank has served as an invited expert regarding EMF safety for Canadian Parliament, for the House Committee on Natural Resources and Energy (HNRE) in Vermont, and for Brazil's Supreme Federal Court. From the Hardcover edition.

A readable and fascinating book that provides a well-researched and captivating perspective on a complex and very important topic of tech safety. In this age of the connected self, this book is a must read on how to understand EMF, review the well-documented health studies Dr. Blank has researched on the topic and differentiate between independent research studies and industry-funded studies. In this regard, the book is an expose that captures your interest so you want to learn more and more on the subject. My teen son and I both read this book and it prompted us to reconsider how we use tech devices, including moving from wireless to wired connections and precautions on how we should safely use cell phones and other wireless devices. It's a must read for any parent interested in protecting their family's health in this age of wireless devices everywhere.

Overpowered is a remarkably readable yet deeply substantive book. Dr. Blank makes some of the most scientifically complex topics such as electricity, electromagnetics, and DNA accessible to the educated reader who may not know a lot of science. He illuminates the impact of our everyday environment on profound biological processes that ultimately affect our health and offers pointers on how we can make improvements to keep us safer.

This book is a must read for everyone that is living with any type of electrical device, living near cell

towers, or living near power lines. Martin Blank PhD. is on a mission to make everyone aware of the extreme health risks that we are exposed to on a continuous bases. Hopefully, if enough people read this book and become aware of our governments supporting corporate interest over the health of its' citizens, we will have regulations that honestly protect our health and the health of our generations to come.

This is one of the best and most informative books on the market about biological effects of electromagnetic radiation. It is up to date being recently released. Blank not only gives direct, annotated information of myriads of studies showing the biological effects of very low levels of non-ionizing radiation, but also gives excellent critiques of industry sponsored studies that aim to "disprove" biological effects. He has good insight into the politics that prevent use of the precautionary principle. As one of the authors of the Bioinitiative report, he also refutes industry criticisms of the report. Everyone who is concerned about their health should read this book.

The author of this book knows his stuff, and he does an excellent job conveying information on the hazards of EMFs in a compelling and readable fashion. I believe we're close to hitting a tipping point, where public awareness of the hazards of EMFs--and especially wireless technology--will finally spur meaningful action to protect children and the public. This book--if enough people read it--could get us there. Read it, and tell your friends to as well! It's past time that we as a society started taking this issue seriously and demand that producers of electronics start engineering their products to reduce the potential for inducing long-term sickness and death. How many people have to die of brain tumors that grow in the exact spot they hold their phone to their head before we step up and do something about the problem?

One of the best explanations of the health hazards associated with electromagnetic radiation I have encountered. Dr. Blank has written an understandable, well-documented resource that will help many become proactive when it comes to protecting themselves and their children. Thank you, Dr. Blank for taking the time to inform us!

"what an excellent book! Beautifully written for the lay audience by one of the most senior scientists in the United States on the biological effects of electromagnetic fields. An admirably easy read, Overpowered covers a lot of ground and makes a technical subject fully accessible. This is a book I highly recommend. Bravo to Columbia

University of Illinois at Chicago's Dr. Martin Blank for such an artful portrayal of the science, the politics, the risks, and the solutions with excellent guidance on how we can minimize EMF exposures from cell phones and antennas, as well as everyday household exposures, in our lives. The book is highly referenced so one can pursue studies of interest further. Dr. Blank, who has published over 200 research studies on biological effects of electromagnetic fields, and is former President of the Bioelectromagnetics Society, is well regarded as an expert on the EMF science, including the important DNA effects. Now, the secret is out that he can also write for the lay audience in a way that engages, inspires, and keeps one turning the page! Order this book now!

It is more technical than *An Electronic Spring*, but is still written for laymen to understand. I learned a lot!

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